

**Region I Behavioral Health Authority**  
**REGION I BEHAVIORAL HEALTH ADVISORY COMMITTEE**

April 7, 2022  
1:00-2:00 p.m.  
Region 1 Behavioral Health Authority

**AGENDA**

*God grant me the serenity to accept the things I cannot change,  
Courage to change the things I can,  
and the wisdom to know the difference.*

- |       |   |                      |                   |
|-------|---|----------------------|-------------------|
| I.    | Call to Order                           |                      |                   |
| II.   | Introductions                           |                      |                   |
| III.  | Approval of Agenda                      | <b>Motion</b>        | Voice Vote        |
| IV.   | Minutes of Previous Meeting             | <b>Motion</b>        | Voice Vote        |
| V.    | Emergency Psychiatric Observation RFP   | <b>Motion</b>        | Voice Vote        |
| VI.   | FY22 Network Provider Audit Update      | <b>Informational</b> |                   |
| VII.  | Office Manager/Disaster Coordinator     | <b>Informational</b> |                   |
| VIII. | Provider/State Utilization              | <b>Informational</b> |                   |
| IX.   | Homeless Shelter Update (standing item) | <b>Informational</b> |                   |
| X.    | Questions from non-members              |                      |                   |
| XI.   | Questions from members                  |                      |                   |
| XII.  | Adjournment                             | <b>MOTION</b>        | <b>Voice Vote</b> |

This agenda is kept continuously current at the Region I office, 4110 Avenue D, Scottsbluff, and is subject to revision and amendments until the time of the meeting.

# Region 1 Behavioral Health Advisory Committee

March 3, 2022

1:00 p.m. – 2:30 p.m. – via zoom

## MINUTES

- I. Meeting called to order at 1:01 p.m. by Betsy
- II. **Introductions:**  
RIBHAC Members: Betsy Vidlak, Don Lease, Carrie Howton, Susanna Batterman, Thalia Wilson and Amanda Booth  
  
RQIT: Jennifer Kriha, Irene Guerrero, Lisa Simmons
- III. **Approval of Agenda:** Susanna Batterman made a motion to approve the agenda with a second by Amanda Booth with all members voting aye. Motion carried.
- IV. **Approve Previous Meeting minutes:** Don Lease made a motion to approve the February minutes with a second by Susanna Batterman with all members voting aye. Motion carried.
- V. **Region 1/State Utilization:** Jennifer Kriha presented Region 1's utilization for the Provider's through middle of January 2022, and State utilization. We are at 58.33% through the Fiscal Year. January shift was approved by DBH.
- VI. **Homeless Shelter Update:** Betsy Vidlak updated that Panhandle Partnership had a conversation regarding the startup of a shelter. Don Lease gave updated that committee will meet on March 3, 2022 to view future building for a shelter in Scottsbluff, (the old Senior Center). If approved they will move forward.
- VII. **Recovery Support:** Lisa Simmons presented to the advisory committee, an update on the recovery support service. the new service is not covered by Medicaid. Cirrus House has admitted 5 consumers, WCHR has not had any however are working on getting the program up an running. They will be making some transitions within their agency and start admitting consumers as soon as possible.
- VIII. **FY23 Budget Update:** Lisa and Jennifer gave the advisory committee an update on the work that is being done for the FY23 budget. Provider budgets were due on March 1<sup>st</sup> 2022. The overall Region budget is due to DBH on April 1<sup>st</sup>, 2022. Once DBH approves the submission, RIBHAC and RGB will review and approve. Lisa encouraged any committee member to sit in on any of the budget meetings.
- IX. **Questions from non-members:**
- X. **Questions from Members:**
- XI. **Adjournment:** Betsy Vidlak made a motion to adjourn meeting at 1:32 p.m.

Next meeting: Scheduled for April 7, 2022 1:00 pm – 2:30 pm.

Minutes respectfully submitted by,  
Region 1 Administrative Assistant Irene Guerrero

Emergency Psychiatric Observation – Northern Tier

Primary Counties: Sheridan, Sioux, and Dawes

**Service Definition:** Emergency Psychiatric Observation provides less than 24 hours of care in a secure, medically supervised hospital setting for evaluation and stabilization of acute psychiatric and/or substance use disorder symptoms. The service will prevent further exacerbation or deterioration and/or inpatient hospitalization when possible, and facilitates transition to the necessary level of care.

**Allocation:**

Service	Contract Amount	FFS/NFFS	Units
Emergency Psychiatric Observation	\$7,698.30	FFS	10
Service Development	\$25,000	NFFS	

**Start Date of Service:** On or after April 15<sup>th</sup>, 2022.

**Internal Review Date:** March 15, 2022

**Internal Review Team members:**

- Holly Brandt, Region 1 Administrator
- Lisa Simmons, Region 1 Network Manager
- Jennifer Kriha, Region 1 Fiscal Director
- Sue Teal, Region 1 Emergency Systems Coordinator
- Susanna Batterman, Region 1 Regional Governing Board Chair
- Don Lease, Region 1 Advisory Council Member

**Interested Provider:**

Western Community Health Resources (WCHR). – Current Region 1 Network Provider  
300 Shelton Street  
Chadron, NE 69337

**\*\*The service will be provided at Chadron Community Hospital \*\***

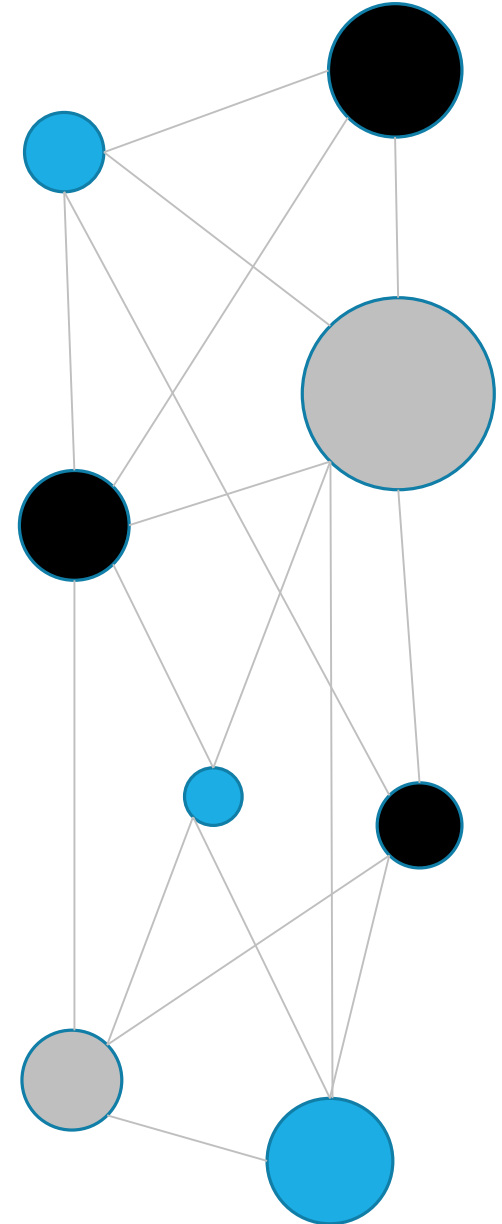


# FY 22 COMPLIANCE AUDITS TO DATE

4.7.22

# CHART AUDIT OVERVIEW

- All services, all providers
- Services purchased-verify units and eligibility
- Full fidelity-verify all points listed in the audit manual
- SP is annual, FF is every three years
- Audit manual and review forms used are located on the Region 1 website
  - [region1bhs.net](http://region1bhs.net)



# BOX BUTTE GENERAL HOSPITAL

Date: 4/27/2022

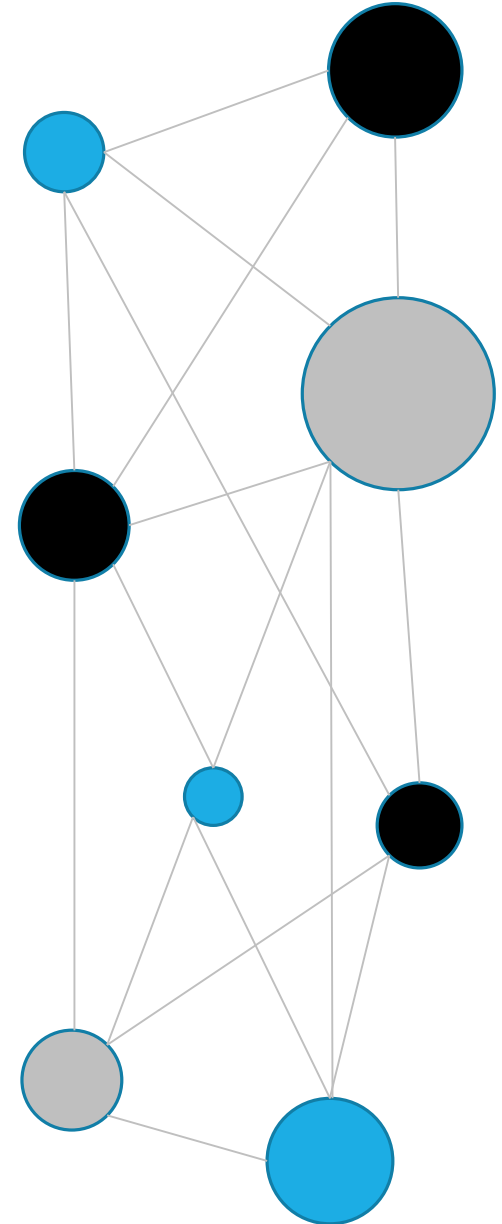
Remote

Services Purchased:

- Crisis Response
- Psychiatric Observation

Full Fidelity:

- NA



# CIRRUS HOUSE

Date: 11/18/2021

Remote

## Corrective Action Plan:

- Substance Use Assessments
- Emergency Community Support
- Mental Health Outpatient
- YTS-MH

CAP Audit: 4/6/2022

NA Outcomes-will be done if units used after the end of the fiscal year.

<u>Service</u>	<u>Audit Type</u>	<u>Outcome</u>
<u>Assessment-MH</u>	<u>FF</u>	<u>96%</u>
<u>Assessment-Youth MH</u>	<u>FF</u>	<u>NA</u>
<u>Assessment-SUD</u>	<u>SP</u>	<u>93%</u>
<u>Assessment-Youth SUD</u>	<u>FF</u>	<u>NA</u>
<u>Community Support-MH</u>	<u>SP</u>	<u>100%</u>
<u>Community Support-SUD</u>	<u>SP</u>	<u>95%</u>
<u>Day Rehab</u>	<u>SP</u>	<u>97%</u>
<u>Day Support</u>	<u>SP</u>	<u>95%</u>
<u>Emergency Community Support</u>	<u>SP</u>	<u>94%</u>
<u>Outpatient-MH</u>	<u>SP</u>	<u>90%</u>
<u>Outpatient-Youth MH</u>	<u>FF</u>	<u>NA</u>
<u>Outpatient-SUD</u>	<u>SP</u>	<u>100%</u>
<u>Outpatient-Youth SUD</u>	<u>FF</u>	<u>NA</u>
<u>Recovery Support</u>	<u>FF</u>	<u>NA</u>
<u>Supported Employment</u>	<u>SP</u>	<u>100%</u>
<u>YTS-MH</u>	<u>SP</u>	<u>92%</u>
<u>YTS-SUD</u>	<u>FF</u>	<u>NA</u>



# CIRRUS HOUSE CAP

Date: 4/6/2022

Remote

## Corrective Action Plan:

- Substance Use Assessments
- Emergency Community Support
- Mental Health Outpatient
- YTS-MH

CAP Audit: 4/6/2022

NA Outcomes-will be done if units used after the end of the fiscal year.

<u>Service</u>	<u>Audit Type</u>	<u>Outcome</u>
<u>Assessment-Youth MH</u>	<u>FF</u>	<u>NA</u>
<u>Assessment-SUD</u>	<u>SP</u>	
<u>Assessment-Youth SUD</u>	<u>FF</u>	<u>NA</u>
<u>Emergency Community Support</u>	<u>SP</u>	
<u>Outpatient-MH</u>	<u>SP</u>	
<u>Outpatient-Youth MH</u>	<u>FF</u>	<u>NA</u>
<u>Outpatient-Youth SUD</u>	<u>FF</u>	<u>NA</u>
<u>Recovery Support</u>	<u>FF</u>	<u>NA</u>
<u>YTS-MH</u>	<u>SP</u>	
<u>YTS-SUD</u>	<u>FF</u>	<u>NA</u>

# COMMUNITY ACTION HEALTH CENTER

Date: 12/8/2022

Remote

Corrective Action Plan:

- Substance Use Assessments

CAP Audit: 5/2/2022

<u>Service</u>	<u>Audit Type</u>	<u>Outcome</u>
<u>Assessment-MH</u>	<u>FF</u>	<u>95%</u>
<u>Assessment-Youth MH</u>	<u>FF</u>	<u>NA</u>
<u>Assessment-SUD</u>	<u>SP</u>	<u>90%</u>
<u>Assessment-Youth SUD</u>	<u>FF</u>	<u>NA</u>
<u>Intensive Outpatient</u>	<u>SP</u>	<u>100%</u>
<u>Medication Management</u>	<u>SP</u>	<u>98%</u>
<u>Outpatient-MH</u>	<u>SP</u>	<u>99%</u>
<u>Outpatient-Youth MH</u>	<u>SP</u>	<u>NA</u>
<u>Outpatient-SUD</u>	<u>SP</u>	<u>96%</u>
<u>Outpatient-Youth SUD</u>	<u>FF</u>	<u>NA</u>

NA Outcomes-will be done if units used later in or after the end of the fiscal year.

# CROSSROADS RESOURCES

Date: 3/17/2022

On Site

Corrective Action Plan: NA

<u>Service</u>	<u>Audit Type</u>	<u>Outcome</u>
<u>Assessment-MH</u>	<u>FF</u>	<u>100%</u>
<u>Assessment-Youth MH</u>	<u>FF</u>	<u>NA</u>
<u>Outpatient-MH</u>	<u>SP</u>	<u>100%</u>
<u>Outpatient-Youth MH</u>	<u>FF</u>	<u>NA</u>

NA Outcomes-will be done if units used after the end of the fiscal year.

# HUMAN SERVICES, INC.

Date: 6/1/2022

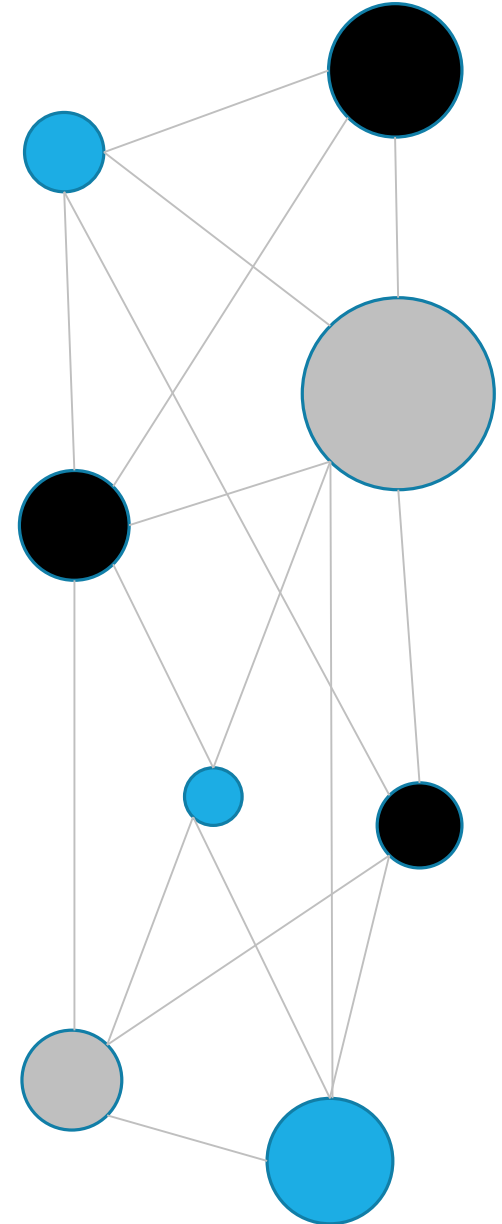
On Site

Services Purchased:

- Assessments-SUD
- Community Support-SUD
- IOP
- SUD Outpatient
- Short Term Residential

Full Fidelity:

- NA



# INDEPENDENCE RISING

Date: 7/8/2022

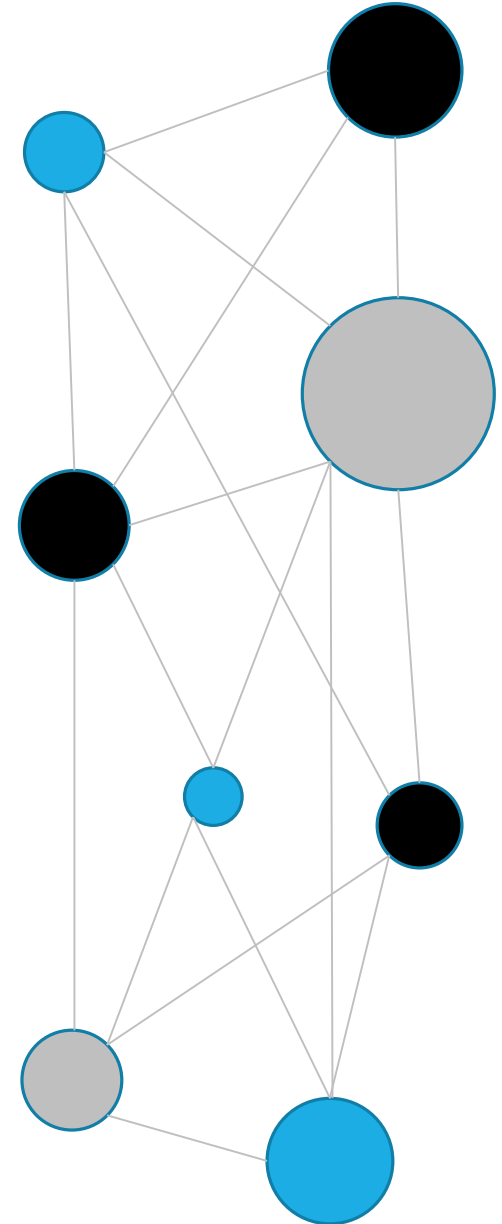
On Site

Services Purchased:

- Peer Support

Full Fidelity:

- NA



# KARUNA COUNSELING

Date: 1/24/2022

Remote

Corrective Action Plan: NA

<u>Service</u>	<u>Audit Type</u>	<u>Outcome</u>
<u>Assessment-MH</u>	<u>FF</u>	<u>95%</u>
<u>Assessment-Youth MH</u>	<u>FF</u>	<u>NA</u>
<u>Assessment-SUD</u>	<u>SP</u>	<u>100%</u>
<u>Assessment-Youth SUD</u>	<u>FF</u>	<u>NA</u>
<u>Outpatient-MH</u>	<u>SP</u>	<u>99%</u>
<u>Outpatient-Youth MH</u>	<u>SP</u>	<u>NA</u>
<u>Outpatient-SUD</u>	<u>SP</u>	<u>96%</u>
<u>Outpatient-Youth SUD</u>	<u>FF</u>	<u>NA</u>

NA Outcomes-will be done if units used after the end of the fiscal year.

# MENTAL HEALTH ALLIANCE

Date: 2/23/2022

Remote

Corrective Action Plan: NA

<u>Service</u>	<u>Audit Type</u>	<u>Outcome</u>
<u>Assessment-MH</u>	<u>FF</u>	<u>NA</u>
<u>Assessment-Youth MH</u>	<u>FF</u>	<u>NA</u>
<u>Assessment-SUD</u>	<u>SP</u>	<u>97%</u>
<u>Medication Management</u>	<u>FF</u>	<u>98%</u>
<u>Outpatient-MH</u>	<u>SP</u>	<u>100%</u>
<u>Outpatient-Youth MH</u>	<u>SP</u>	<u>95%</u>

NA Outcomes-will be done if units used after the end of the fiscal year.

# NORTH EAST PANHANDLE SUBSTANCE ABUSE CENTER (NEPSAC)

Date: 3/31/2022

On Site

Corrective Action Plan: NA

<u>Service</u>	<u>Audit Type</u>	<u>Outcome</u>
<u>Assessment-SUD</u>	<u>SP</u>	<u>100%</u>
<u>SUD Outpatient</u>	<u>SP</u>	<u>100%</u>
<u>Short Term Residential</u>	<u>SP</u>	<u>100%</u>

NA Outcomes-will be done if units used after the end of the fiscal year.



# PATHWAYS TO WELLNESS

Date: 6/8/2022

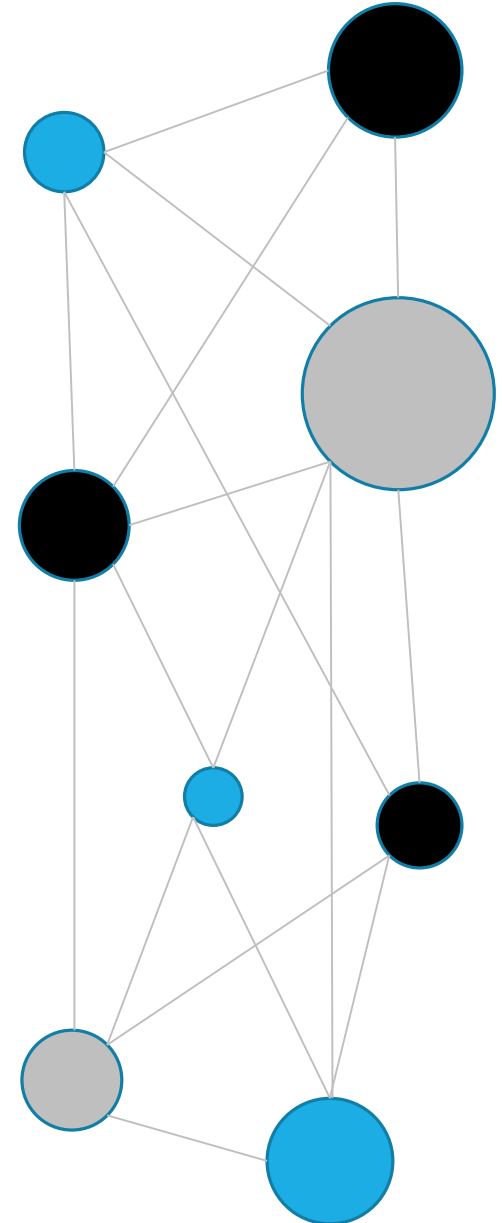
Remote

Services Purchased:

- NA

Full Fidelity:

- Mental Health Outpatient



# REGIONAL WEST MEDICAL CENTER

Date: 5/17/2022

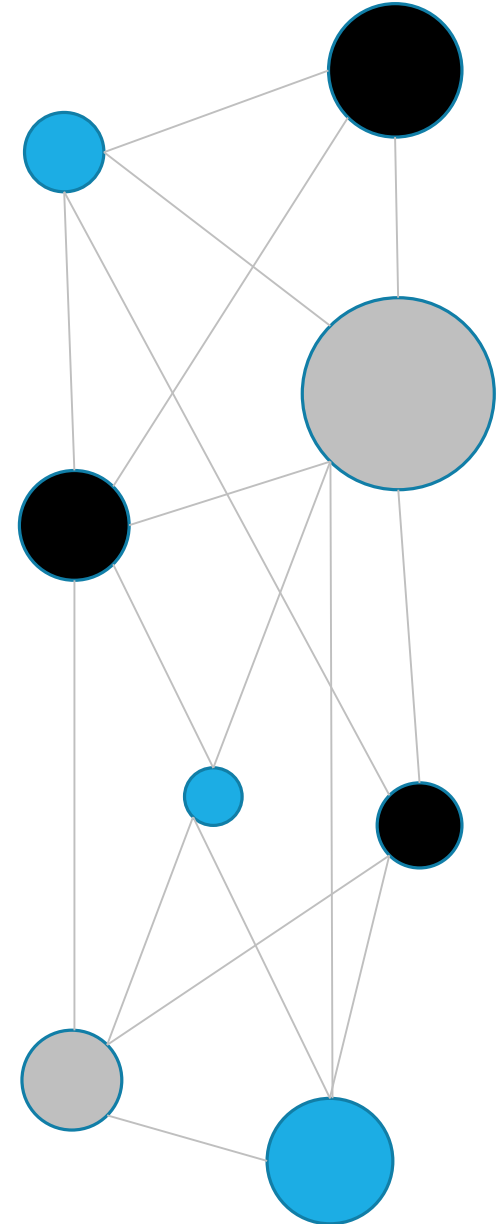
Remote

Services Purchased:

- Acute
- Subacute
- Emergency Protective Custody
- Post Commitment

Full Fidelity:

- NA



# WESTERN COMMUNITY HEALTH RESOURCES

Date: 4/11/2022

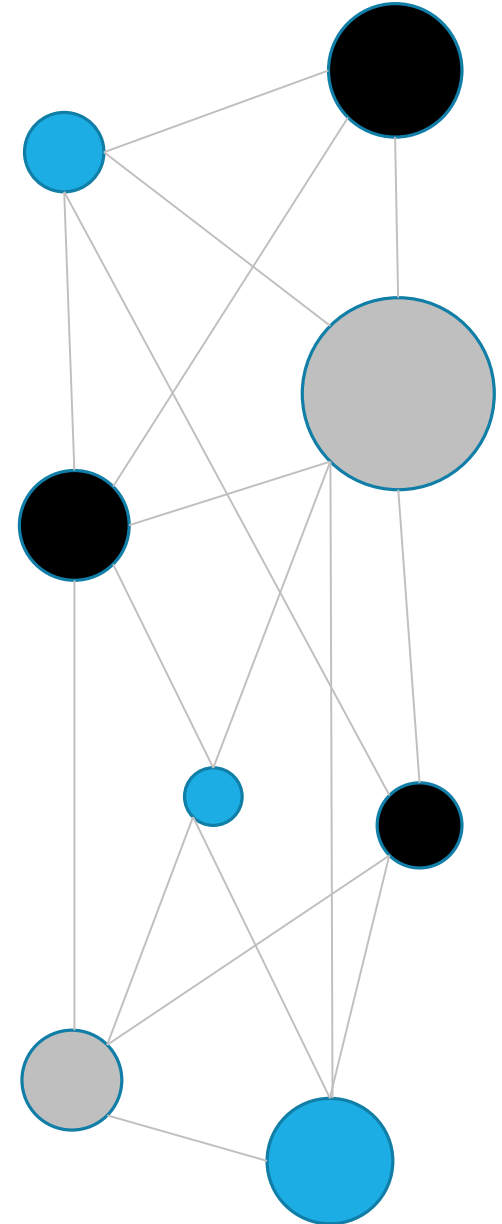
On Site

Services Purchased

- Community Support
- Emergency Community Support
- Supported Employment
- YTS

Full Fidelity

- Crisis Response
- Recovery Support





**Panhandle HEROES Project**  
**Healing Encouraging Resilience Outreach Educating Supporting**  
**PRMRS (Panhandle Regional Medical Response System)**  
**First Responder Mental Health Committee**



First Responders are heroes who are willing to serve others, putting their own needs last. It is time to make a change and start allowing their mental health needs to be a priority. Asking for help is a healthy way to cope and ensure mental readiness for the next call or shift ahead. You, the first responder, are important and needed.

The committee is ready to provide education, training, and support to all first responders- fire, EMS, law enforcement, and dispatch to create a resilient workforce in unprecedented times. Please post the magnets provided in areas where crews and staff can access and reach out for help. The Peer Support Team is made up of first responders ready to listen and help.

Contact Michelle with PRMRS, Panhandle Regional Medical Response System, if you are interested in learning more about the program or being involved.

**Mission:** Objectives and approach.

- Create awareness of mental health issues in first responders
- Combat the stigma that prevents people from admitting to experiencing mental health issues and asking for help
- Educate first responders on self-care and peer care
- Provide supports to reduce the rates of mental health issues in first responders
- Advocate for systemic change in how first responder agencies address mental health issues

**Vision:** Future desired.

First responders in the Panhandle are healthy in mind, body, and spirit and connected to the resources they need to maintain well-being. Rates of mental health issues are lower than ever before.

Please call if you have any questions or to join the committee.

Best,

*Michelle Hill*

Michelle Hill  
 Emergency Response Coordinator  
 PRMRS Coordinator  
 Panhandle Public Health District  
[mhill@pphd.org](mailto:mhill@pphd.org) | 308-672-9594



**Important Numbers**

**Peer Support Team**

308-436-6666

Scotts Bluff Communications  
 ask for the Peer Support Team

**Critical Incident Stress Management**

402-479-4921

**Michelle Hill:** 308-672-9594





## Cost:

**\$100.00 for Peer**

**(EMS, fire, law enforcement, dispatch, corrections, hospital staff, and EMA)**

**\$200.00 Mental Health Professionals**

## Group Crisis Intervention Program Highlights

- \* Relevant research findings
- \* Relevant recommendations for practice
- \* Incident assessment
- \* Strategic intervention planning
- \* "Resistance, resilience, recovery" continuum
- \* Large group crisis interventions
- \* Small group crisis interventions
- \* Adverse outcome associated with crisis intervention
- \* Reducing risks
- \* Critical Incident Stress Debriefing (CISD)

### Continuing Education

14 contact hours: 1.4 General CEU's from University of Maryland, Baltimore County (UMBC) Dept. of Emergency Services Professional and Continuing Education.

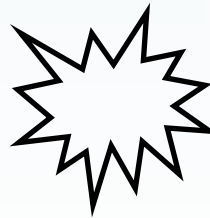
14 CE Credits for National Certified Addiction Counselors.

## Crisis Incident Stress Management (CISM)

### Course Description

Designed to present the core elements of a comprehensive, systemic and multi-component crisis intervention curriculum, the Group Crisis Intervention Course will prepare participants to understand a wide range of crisis intervention services. Fundamentals of Critical Incident Stress Management (CISM) will be outlined and participants will leave with the knowledge and tools to provide several group crisis interventions, specifically demobilization, defusings and CISD. The need for appropriate follow-up services and referrals when necessary will also be discussed.

This course is designed for anyone in the fields of Disaster Response, Emergency Services, Healthcare, Homeland Security, Mental Health, Military, and Traumatic Stress.



### What is Critical Incident Stress Management?

CISM is a comprehensive service designed to assist emergency responders who have experienced unusual stress related to their work. CISM is interested in promoting a helpful response throughout the entire range of a crisis experience including: the pre-crisis, acute crisis and post-crisis phases. Within the CISM program are seven core functions of response.

## ICISF Certified Instructors

Diane Braun, LIMHP, LADC,  
Omaha



Jon B. Kayne, Ph.D.,  
Bellevue



Randy Ruhge, PLMHP  
Murray



Jason Workman, LIMHP, LMHP, LADC  
Omaha



## Registration Form

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_

Phone: \_\_\_\_\_

Email: \_\_\_\_\_

Profession: \_\_\_\_\_

**Circle course you wish to attend:**

April 29 & 30, 2022  
Bennington

September 24 & 25, 2022  
Scottsbluff

October 7 & 8, 2022  
Grand Island

Peer Registration     \$100.00  
Mental Health Registration \$200.00

**Please mail registration form and check to**  
Wallace Barnett Memorial Foundation  
802 Country View, Firth, NE 68358

**For Online Registration and  
Credit Card Payment**  
[wallybarnettfoundation.org/training](http://wallybarnettfoundation.org/training)

Sponsored by:



**EMERGENCY HEALTH  
SYSTEMS**

**NEBRASKA**

Good Life. Great Mission.

DEPT. OF HEALTH AND HUMAN SERVICES



**WALLACE BARNETT, JR. CISM  
MEMORIAL FOUNDATION**  
EST. 2017

Questions:

Nebraska Emergency Health Systems

Debbie Kuhn,  
CISM Program Manager  
Phone: 402-326-0173  
debbie.kuhn@nebraska.gov



## Basic CISM Group Crisis Intervention Training—2022

April 29 & 30, 2022  
Bennington

September 24 & 25, 2022  
Scottsbluff

October 7 & 8, 2022  
Grand Island

**Deadline for registration and  
cancellations is 2 weeks prior to  
each class.**



Minimum Class 12 People